



Recycle Cycles Presents

2016 Bike Repair Workshop Series

Come learn some bicycle repair basics. No experience necessary. You don't even need a bike!

Workshop Descriptions

Bike Repair 101

An introduction to parts of a bike, common tools, how to do a basic safety check and how to patch a tube! *bringing your bike to this workshop is recommended, but not required*



An introduction to parts of a wheel, how to adjust/overhaul a hub, and how to align/ true a wheel.

Wheel Time

All about brakes!

Learn how to set up, maintain, repair and investigate Cantilever, V-brake and Caliper Brakes. Time permitting, disc brake adjustment and maintenance will be introduced.



Learn how to adjust, maintain, and solve common issues with your gears. We will cover types of shifters, parts of shifters and derailleurs as well as shifting techniques.

Let's get Shifty!

Session 1 – Wednesdays 6:30 – 8:30PM

Apr 13 Bike Repair 101
Apr 20 Wheel Time
Apr 27 All about brakes!
May 4 Let's get Shifty!

Session 2 – Wednesdays 6:30 – 8:30PM

May 25 Bike Repair 101
Jun 1 Wheel Time
Jun 8 All about brakes!
Jun 15 Let's get Shifty!

Session 3 – Wednesdays 6:30 – 8:30PM

Jul 6 Bike Repair 101
Jul 13 Wheel Time
Jul 20 All about brakes!
Jul 27 Let's get Shifty!

Session 4 – Wednesdays 6:30 – 8:30PM

Sep 7 Bike Repair 101
Sep 14 Wheel Time
Sep 21 All about brakes!
Sep 28 Let's get Shifty!

Registration details:

You can sign up for one or multiple workshops- you don't have to sign up for all of them.

A \$5 registration fee is required to sign up for each workshop, with a suggested \$5-10 donation at the time of workshop. Space is limited to 6 per session, so sign up early!

For information, email recyclecycles@theworkingcentre.org or call **519-804-2466x1**.

To register, please visit our location **behind 256 King St. E.** in downtown Kitchener.